



Get 12  
weeks for

*free*

Weight Watchers and NHS Tayside are working together and are delighted to invite you to join Weight Watchers



To find out if you qualify for FREE, use the checklist below

**I am female aged 16 to 45 years and I am not pregnant**

**I live in Tayside and not currently attending Weight Watchers**

**I have a Body Mass Index (BMI) of 25+ (If you don't know, we can help)**

**CALL NOW to complete the next step**

**0345 602 7068**

**Quoting WWRS073**